

# CUDDLE

A Preliminary Study on Cuddling and Queer Polyamory

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# Preface

The Cuddle Project evolved following a falling out with my family. They made motions to cut ties after I came out as a queer and trans and began practicing non-monogamy. The combination of my severed relationship with my family and the lack of models for non-monogamy created a premise for the following experiments. I desperately wanted to build the community that was slipping away from me.

At the same time, I was working from a strict methodological standpoint to mimic a science experiment in order to visualize non-monogamy as an experimental practice. In doing so, the project seeks to create soft models for something with far and few known healthy examples. I want to create a new lens to look at “college experimentation” that isn’t something to be mocked, but rather an experimentation of transformative and radical understandings of how we can relate to one another as a community.

The first part of the project asked subjects to test out several cuddle positions and evaluate them for comfort, design, and practicality.

Past this first test, a second volume is being prepared that includes the results of a survey asking respondents to evaluate the conditions that effect their cuddling experience (Some examples include: the people they are with, the setting, the mood, etc).





# Cuddle Positions for Groups of Three or More: Comfort, Design, and Practicality.

*Leo Alas*

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**Abstract** This study seeks to explore the underexamined dynamics of multiple person relationships through physical intimacy. In order to examine these relationships, 8 groups were asked to evaluate 4-6 cuddle positions for comfort and practicality. From these 8 sessions, the positions most well reviewed were those where there was more mobility and closer connection to the other participants. The least popular positions were those that were described to involve too much weight from another person. The groups expressed a more positive experience and overall more positive responses to the positions depending on their closeness to the others in the group. This work is a preliminary test to a larger body of research exploring community dynamics in queer non-monogamous relationships.

**Keywords** Queer relationships • Polyamory • Non-monogamy • Physical intimacy • Cuddling

## I. Introduction

With so few popular examples of polyamory in practice, this experiment sought to create models for what cuddling in groups can look like. Furthermore, to discover the elements that make an enjoyable cuddle.

## II. Methods

Subjects were chosen from my own circles in Santa Cruz. Usually I would ask one person and let them choose their own partners. Occasionally someone would ask me to pair them with others. This happened only once, though the subjects all knew each other. I did 8 sessions. 7 sessions were in groups of 3, only one was a group of four. Once arrived, I gave the subjects the option to create their own positions or have me give them positions. The last three groups did not collaborate on creating their own positions; the others invented at least 2 or all of them. Each group did 4-6 positions. The session began with an explanation of the project. I then assigned each person a letter and color. After each position, the subjects used a pen of the

color they were assigned and wrote their feedback on a note card.

Subjects were asked to think about guiding questions that were read to them orally at the beginning and repeated upon request. These guiding questions included:

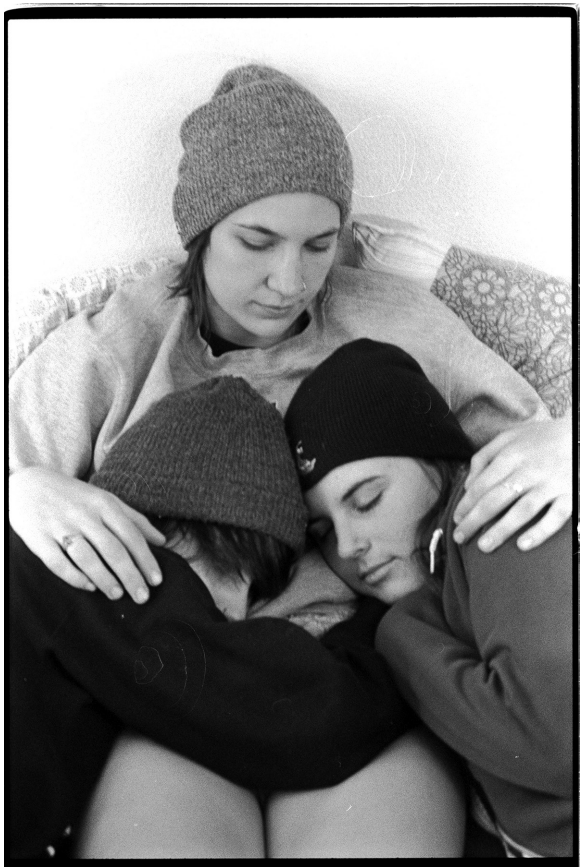
- How comfortable is this position?
- How would you use this position practically?
- Could you multi-task in this position?
- How long could you hold the position for?
- Could you fall asleep in this position?
- How do the people you are with effect the cuddle?
- What types of relationships would work best for this cuddle?

III. Data

Table 1

Group 1	A. Gregg	Friends.
	B. Ynez	
	C. Kelli	
Group 2	A. Jamie	Friends.
	B. Roxie	
	C. Colleen	
Group 3	A. Sydney	Dating/Friends.
	B. Cal	
	C. Casey	
Group 4	A. Nairi	Friends
	B. Felix	
	C. Jocelyn	
Group 5	A. Leo	Dating/Friends
	B. Genna	
	C. Valentin	
Group 6	A. Eyam	Dating/Friends
	B. Rye	
	C. Kevin	
Group 7	A. Julia	Friends
	B. Ku’u	
	C. Cesar	
Group 8	A. Nix	Dating/Friends
	B. Sequoia	
	C. Oliver	
	D. Riley	

**Fig. 1** The Holy Trinity



Alternative Titles: The Nairi Kalpakian Patented Cuddle, Heart on a Stick, The Bees Knees, Classic Cods, “i love my friends,” Mother + twins, The Jesus

**Group 3:**

- A. A+. Comfiest. Pros - Comfiest. Best one. Laying down is good. very relaxing made me want to go to bed. Comforting. Probably position just good for cuddling.
- B. Pro: very comfortable, idk how comfy Casey was though. Cons: can't make eye contact easily with anyone. I almost fell asleep it was so comfy.
- C. This position was very comfy and I liked being able to hold both people and seeing both of them cuddle was cute. I could see this being nice for watching TV or being attentive to two sleeping partners/friends. It seemed like a good position for everyone.

**Group 4:**

- A. SO CUTE. I like leaning on shoulders. Since I don't sleep on my left shoulder, I would feel better on my right. Would smooch.
- B. Pros: real cute, nice for a specific type of relationship. i.e. someone who is poly and dating 2 people who aren't dating each other. cons: neck strain for middle person if no pillow provided for support as middle person I kind of felt more "cuddled on" than the one doing the cuddling. Also I didn't know what to do with my arms/hands b/c both had their arms rested on me so I just crossed them. Pro: good smooch potential.
- C. pros: really cuddly and soft, hella cute, can see/touch both people-feels more inclusive. cons: some neck pain, potential for dead arm.

**Group 6:**

- A. I have fallen asleep like this w/ lovers and friends. I miss Lomes who is the queen @ this position :)
- B. The most common but for a good reason. I could lay there for a very long time flexible and practical.
- C. Very comfortable, could easily fall asleep. good for intimate ppl/friends. helps if center person has a soft body

**Fig. 2** The Donut Hole



Alternative Titles: The Laundry Ball

**Group 1:**

- A. This position was a little bit difficult for me to maintain but I think w/ some adjustment (maybe a pillow behind my back?) + a cat it would be really perfect
- B. I LOVED this position! It was really comfy and cute for me. I also felt like it was probably the best because it broke away from conventional 2-person cuddling the most and was most creative with the freedom a 3-person cuddle gives you.
- C. Twas cozy Good position for the addition of puppies or kittens

**Group 5:**

- A. I liked being able to touch Genna's hair and have good access to Valentin's butt. it felt warm and cozy for me. Side people can kiss! very cute! My neck maybe could have gotten tired but I feel like it would be good for watching TV or reading. like human bean bag chair.
- B. It was a pretty comfy pose but I felt a little awkward because I often do when cuddling with new people and I've never really cuddled with 2 other people. I couldn't see A's face and the arm positioning was kinda awkward. It has surprisingly comfy through considering how it looks like it might not be. I think I could probably fall asleep in this position and be comfy for a while (15min?) but I'm not sure the middle person would feel the same.
- C. Pros: receive butt attention, potential for kissing, v cuddly, hand holding, everything is at hand and depending on mood this is appropriate for friends/lovers/casual cuddling. would use. would hold for a good while.  
Cons: unbalanced cuddle economics, no eye contact on one side.

**Group 7:**

- A. Very comfortable for me but maybe not for Cesar. I could read/multi-task etc. in this position. Platonic, romantic cuddle position couldn't really access the fun bits in this position. Not sure how diff bodies would affect this.
- B. Being embraced by Julia's legs was comparable to a puppy wearing an anxiety vest, it was so comforting. I tend to fall asleep in cuddles so this is yet another position I can fall asleep in. I did get a little breath in my face, but that's okay.
- C. Probably need more space to be positioned well. I felt like I needed to hold myself up to hold A. After relaxing it was a touch uncomfortable on my back. Not much talk w/ B, but could probably have some talking w/ A.

**Fig. 3** The 20-20 Sandwich





**Group 8:**

- A. comfy + sleepy. my right foot is asleep. good for TV/movie watching. oliver is comfy <3 kinda cold. good for naps
- B. Very comfy. good puddle for watching TV. could stay in this & fall asleep pretty easily. feel loved and warm. familial b/c these guys are members of my chosen family!
- C. V comfy! familial/romantic. great to watch TV movies. perfect for hand holding. I am super comfortable & could do this all day. but I am far from Riley so I don't feel connected to everyone.
- D. I could stay like this for several hours. Good leg room and access to side table. I love all these people and am feeling the love!

**Fig. 4** Three Layer Dip



Alternative Titles: Three Layer Cake, Choo Choo, Sandwich, My Children

**Group 2:**

- A. At first I thought “no way will this feel good” but then the potential only grew as I was able to receive arm tickles from the bottom layer. Really sexual thanks to the straddle position. If I was wearing a phallic apparatus, some hot doggy style would ensue. Mhm ;)
- B. Loved having so much weight on top of me but would not be able to stay on the bottom for very long. great for stroking the top persons back and arms. loved locking forearms, great leverage for rocking back and forth.
- C. (Best for Sexy Times): Dreamy, face deep in blissful bosom. was desiring of sexual energy. I wanted to move + play!

**Group 4:**

- A. Pretty lukewarm about this. Good for individual affection again. My neck hurt again. Maybe my neck is fucked up. Good for kids from 4-12 yrs of age.
- B. Novel, cute, dynamic. Not good for long term use. not very practical for every day use. do not do this. probably good for parental cuddle.
- C. pros: none-except we looked cute. (edit: might work with actual children). cons: so much pelvic pain. do not recommend with full bladder. also head had no pillow.

**Group 7:**

- A. I was not very comfortable in this position :( I could probably multi-task! This is a brief platonic cuddle. Maybe if we were on something squishier I could become more comfortable w/ more even distribution.
- B. Can only stay like that for a good 10 minutes. I felt the vibrations of Julia’s laughter which was cool. More like a dogpile than a cuddle. Not very versatile either.
- C. Not the most comfortable on bottom. I could feel the vibration of their laughter. Cracked my back that felt good. Could probably only hold it for 10 minutes max. Pretty warm though.

**Fig. 5** Atrium



Alternative Titles: The Reverse Jesus

**Group 1:**

- A. this position was more creative but less integrated imo, i felt less part of the group than the other ones.
- B. this position is a little silly and kind of impractical to execute but allows for some really enjoyable cuddles that are generally inaccessible (lying on someone's lower torso while they lay on yours is nice!)
- C. My legs weren't as comfy as I thought they could be but it was nice to be close to legs because legs are beautiful and squishy and hot. It was edgy and radical and subversive.

**Group 5:**

- A. cuddly but probably because Valentin's shirt & tummy's are soft. Kind of a challenge to make good head placement with small surface area. I liked Genna's hand on my back. At some point I had my head on Valentin's junk which was interestingly not uncomfy. Maybe could kiss Genna with wider surface area? Weird isolation for middle person. Kinda using them as a pillow while they're disconnected. didn't like that very much :(
- B. Pro: get to be in contact w/ both people. nice for top 2 people. Con: not quite enough room for both heads. not as much ability to comfortably touch bottom person. can't hold it long, i'd say 7-10 min tops. bottom arm was not comfy.
- C. Pros: good access to legs. soft tummy being pressed on, kind of cute. Cons: not good if ticklish, no intimacy, would not hold for 15+min.

**Group 7:**

- A. I could cuddle here for a long time! I don't think I could do much in this cuddle position though. This felt platonic, romantic, and potentially sexual. I think the only limitation is that my head was right next to an armpit...
- B. I feel like my legs would fall asleep eventually at one point so I could probably only stay like that for 30 mins. Also Cesar's head was putting pressure on my bladder so I felt the need to pee. also the hand on my side was uncomfortable personally.
- C. It was nice. Not really good for talking as there is a body between two heads. It was difficult to find the physical presence of the third person. It felt more like two people than three.

**Fig. 6** Post War Comfort



Alternative Titles: The Narnia, The Perfect Earlobe

**Group 2:**

- A. Really comfy-felt so safe and ready to pass out if tired. Did not want to leave the embrace. my head fit so well between the crevice of her hip & leg. Yum!
- B. Best position for all parties involved, great head support. Good for giving attention to the middle person, especially the exposed earlobe. Can stay in position for a very long time, felt heavenly.
- C. This was so safe and comfortable. Everyone was happy + enjoying. This is meant to be enjoyed over a long period of time. This felt like very intimate platonic love- real deep connection.

**Group 6:**

- A. This cuddle felt like a “after a long day of school cuddle” I can do w/ friends and comrades :)
- B. I could stay in this cuddle for a while, it was a little uncomfortable being on my side. I think it would’ve been better on my back. Great for playing w/ hair, and maybe for significant others. I found it not super flexible but I could definitely use it practically.
- C. good for friends, lovers. very comfortable. would be hard but possible to watch netflix. could stay in cuddle for a long time.

**Group 7:**

- A. I could fall asleep in this cuddle. I could also multi task in this cuddle! (reading, phone use, etc.) This is for me a romantic or potentially sexual cuddle. I think if there was a less squishy person as pillow it would be less comfy for the other 2 buddies.
- B. I CAN BIG SPOON ANYONE FOR HOURS. it’s comfortable to me having a presence to hold. it can be in a romantic or completely platonic cuddle. I feel like Julia was a bit disconnected though.
- C. warmer. probably not so much for talking. Better for sleeping. Being little spoon is comforting. Between big spoon w/ head on A stomach. more platonic because of three people.☹

**Fig. 7** Cuddle Croissant



Alternative Titles: Love Croissant, Donut ft. no cat, Circle, The Nest



**Group 3:**

- A. It was good at first. Probably couldn't stay that way for a prolonged time. Ideal with probably fewer people than more. It was an interesting shape. Wouldn't have thought to go into a position like that w/ multiple people without guidance. Yes. Good position.
- B. Pro: less restricted leg and torso movement. Con: I felt like I would get a kink in my neck soon. It was nice knowing we were in a circle. I don't know how long it would last because it was a little more complicated.
- C. I would use this position with a lot of friends. This would be nice laying in the grass or someplace we could sprawl out and create a chain of people. I needed a pillow since I wasn't laying on anyone but I think if there were more people we could create a full circle of people. Also my arm was in an awkward position and there was no place for me to put it without elbowing the person laying on me. This would be a good position if you wanted to cuddle and look at everyone/talk to them.

**Group 6:**

- A. This is a good position to hear yr friends tummies :)
- B. I found it very comfortable but there's not a lot you can do, it's one that allows friends, lovers, siblings, etc. to talk and relax
- C. good for friends, can talk to multiple ppl. could eat finger food. could not watch netflix.

**Group 8:**

- A. good for talking about stuff. not good for not engaging w/ people. Oliver has pretty eyes. I'm worried I'm too pointy bc my hips are sharp and Sequoia's head was leaning on it. Riley is soft and very warm. wouldn't use in general, takes too much coordination to get up and not easy to fall into.
- B. not sustainable b/c I could tell my legs would fall asleep but so comfy. I feel so close to everyone b/c I'm touching everyone & listening to them breathe. good position for telling secrets & talking about feelings. use: feeling comforted and safe. needs cat.
- C. surprisingly comfy! loved being able to see Nix's face. loved being so close. felt familial. like we have some secrets to share. couldn't do it all day but it was nice <3 it's cute but not natural like the others.
- D. I worried about being too heavy on Oliver. My neck hurt a bit. I really enjoyed getting into the position. My feet were falling off. I was a bit uncomfortable but had high spirits. Very good platonic cuddle. We felt like sharing stories + secrets.

**Fig. 8** Unproductive Drunk Cuddle



Alternative Titles: Pile, “I have to pee, I don’t have feeling in my right arm, and I’m sweaty!,” Mt. Everest, Return of the Blob, The Circle of Life, Dirty Laundry

**Group 4:**

- A. Pro: can be attentive to one person at a time. Con: not cool to be at bottom for little people.
- B. Very cute! Love it in concept but in practice it's kind of cumbersome, I can see it getting kind of uncomfortable depending on how everyone is positioned. feels cozy but not very intimate. a good friend cuddle.
- C. Pros: so warm! like a human blanket. definitely a good sleeping position. cons: can't see anyone's face, only crotch. may be someone else's pro.

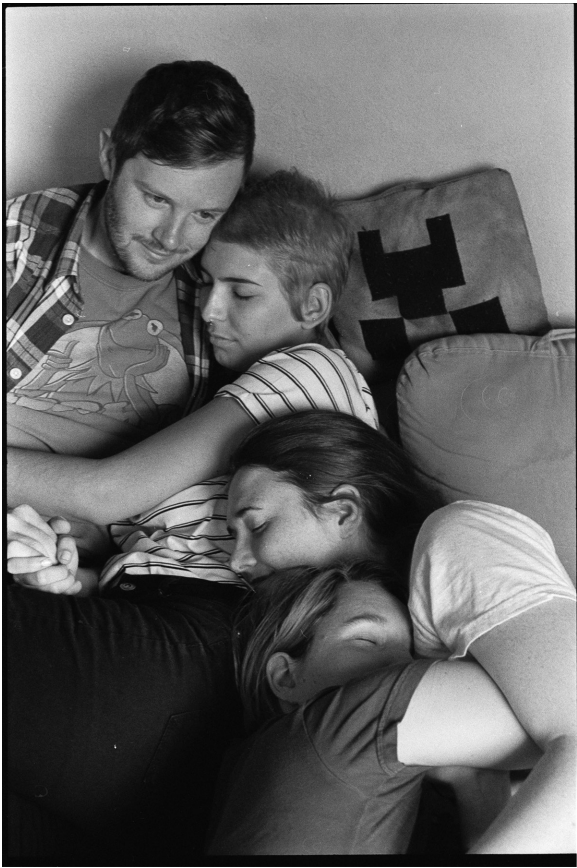
**Group 5:**

- A. Felt warm breath on my ear. was warm. Felt sleepy. Funny to hear Gen-na's tummy. The weight was nice at first but my body was twisted and it started to hurt. Would not stay for long period of time. Maybe more ok as the top person.
- B. Pros: super comfy. get to feel very close + connected to both ppl. arms felt better. Cons: after a while all the weight started feeling pretty heavy on my ribs, kinda restricted my breathing a bit. Couldn't see either faces. (didn't really try but I don't think I'd be able to - def couldn't see 1 of the 2.)
- C. Pros: super comfy. would sleep. good access all around. only cuddle this way with close people. Cons: no kisses!

**Group 6:**

- A. Impractical! Only for drunken foolery! :)
- B. Unproductive drunk cuddle: This one is nice for when you stop caring about your physical form. Impractical, but really felt like a big ole dog shit
- C. Pile! good for drunk group cuddles not good to fall asleep in. can't really do things. important to check in with people under you in pile.

**Fig. 9** Right Angle T fro Trans



**Group 8:**

- A. colder, but I also took off my jacket so. more seperate. We pairing off. i can't see shit so can't do anything else. i like the [20-20 sandwich] better-more engaged w/ everyone. more naps.
- B. very sweet feeling. I liked that I could stroke Nix's back. romo feeling b/c I'm really gay for nix (&the other two as well). Someone was touching my back & that felt great. not a natural position but one we would probably end up in. I liked seeing Oliver and Riley's hands intertwined by my face.
- C. Comfortable but w/ Nix! Sequoia on my side may get uncomfy over time. great to hold Riley & hold his hand. feels very safe & loving. great for group nap after activity. had my fingers thru Riley's belt loop which was unconsciously done + cute.
- D. Oliver is so warm and soft. My left arm is a little squished so I'll need to move it eventually. Very nice cuddling esp since me + Oliver don't get many chances to cuddle.

**Fig. 10** Mermaid Tail



Alternative Titles: Pigs on a Blanket

**Group 2:**

- A. This position is ideal for folks who don't like breath on their face. But you gotta be down with feet. Can't stay for too long of sleep realistically. Not very sexual.
- B. can't stay in position for long but enjoyed being so close to another's feet. -Good position for both friends and romantic partners
- C. comfy! I felt so connected to Roxy in this. relationship: good for friends who might want to be sexual- either platonic or sexual. Length: short amount of time only.

**Group 5:**

- A. I didn't feel too comfy on my side so I started leaning on my belly so my butt stuck up a little. Still felt uncomfy with knees on my ribs but that was okay. Valentin's hair tickled my feet. Genna's feet were surprisingly nice to put my head on. Felt okay. Feared the isolation but was actually ok BC I could nap while they talked and I could still feel surrounded & cozy & have a warm nap :) Feet surprisingly not a problem.
- B. Pros: good kissing potential for 2 ppl. felt nice to have my weight on my feet. could def fall asleep. feet weren't an issue for us. Con: not much connection with 3rd person could put top arm around other person's back but not the most comfy. my torso/butt was disconnected which was kind of sad. bottom arm not comfy.
- C. Pros: super cuddly. could fall asleep in position. butt access. lots of kisses. Cons: person is isolated, dividing cuddle, awkward arm.

**Group 7:**

- A. I could fall asleep in this cuddle! Very utilitarian cuddles. Platonic, Romantic, Potentially sexual cuddle! Glad Cesar has beefy calves so I can use them as a pillow. Wouldn't like it if our heights b/c feet @ face.
- B. I could also fall asleep in this position. theres something comforting about having someone/thing to hold. This is real good for close friends.
- C. On the outside, it is less warm. Would probably be better to be in the middle. Talking is easier w/ the two people head to head. Tickling feet is a big possibility. Probably best for friends, as not all people are ok w/ feet.

**Fig. 11** Non-committal Cuddle



Alternative Titles: Go Team, flop!, the “I Love You,” no touching!, no touch touch, :\\ !



**Group 4:**

- A. very sweet and tender way to simply show affection. No cons cause there are many ways to do this in which everyone wins.
- B. a nice noncommittal cuddle for those warm nights. versatile. Another good friend cuddle or partner cuddle so you don't get all hot n' bothered in the wrong way.
- C. Pros: good if hot/sweaty, pretty comfy. cons: less intimate, maybe good for friends. butt in face could be good for someone else but I fear potential of gas.

**Group 6:**

- A. I will use this when I am sad & want touch but not a lot of touch :)
- B. This was good for when it's hot or someone isn't feeling up for touch.
- C. Good for when it's really hot and you are sweaty. I felt like I was free to move around a lot. not good for multi tasking.

# IV. Analysis

In order to assess which positions were most successful, the evaluations were assessed on a point scale based on 13 key criterion. These criterion included:

**Table 2**

Code	Description	Example	Cite
A	Comfort	“suprisingly comfy!”	Fig. 8. 8C.
B	Ability to fall asleep	“...this is yet another position I can fall asleep in”	Fig. 3.7B.
C	Inclusivity	“I feel like Julia was a bit diconnect-ed though.”	Fig. 7. 7B.
D	Eye contact	“cons: can’t see anyone’s face”	Fig. 9. 4C.
E	Multi-tasking	“I could see this being nice for watching TV”	Fig. 2. 3C.
F	Good for intimate behavior	“I was able to recieve arm tickles from the bottom layer.”	Fig. 5. 2A.
G	Specific physical pain	“Cesar’s head was putting pressure on my bladder so I felt the need to pee”	Fig. 6. 7B.
H	Potential longevity of position	“I could stay like this for several hours.”	Fig. 4. 8D.
I	Practicality	“This position is a little silly and kind of impractical to execute...”	Fig. 6. 1B.
J	Safety/Security	“use: feeling comforted and safe.”	Fig. 8. 8B.
K	Concern for others	“Genna’s feet were suprisingly nice to put my head on.”	Fig. 11. 5A.
L	Temperature	“Good for when it’s really hot and you are sweaty.”	Fig. 12. 6C.
M	General Negative Comments	“pros: none.”	Fig. 5. 4C.

Assuming the others are self explanatory, I am defining “good for intimate behavior” as any comment that suggests the position could be good for anything along the lines of kissing, holding hands, touching butts, etc.

I am defining “concern with others” in both a negative and positive way. If the comment suggests that the responder is comfortable but has worries about anoth-

er person's comfort, I'd give the position a negative point, but if the comment implies the position is improved by closeness to another person, the position earns an additional positive point.

If the comment, regardless of coding, had a positive connotation, the position would be given 1 positive point and if the comment was given a negative connotation, the positions would receive one negative point.

The results of this evaluative system put the positions in this order:

1. Post War Comfort
2. The Holy Trinity
3. 20-20 Sandwich
4. Donut Hole
5. Non committal Cuddle
6. Mermaid Tail
7. Right Angle T for Trans
8. Cuddle Croissant
9. Unproductive Drunk Cuddle
10. Three Layer Dip
11. Atrium

Post War Comfort was given the best reviews with only one negative comment expressing back pain. The position excelled in comfort, ability to hold position, and emotional security.

The close second place position was The Holy Trinity, which was marked down because of two comments about neck pain. Otherwise, the cuddle excelled in comfort, ability to fall asleep in position, and good for intimate behavior which was specified as "good smooch potential."

Unproductive Drunk Cuddle and Three Layer Dip were both rated significantly low because of physical discomfort and general negative comments, specifically "would not recommend." For both these experiments in which participants experienced physical discomfort, the position required people to lie on top of one another. Based on this, I would conclude that it is generally unenjoyable for groups of three or more to lie on one another due to the accumulation of weight with each additional person.

However the position that was ranked lowest did not involve physical weight at all. Atrium was ranked a sad negative 10 points for physical discomfort and for being hugely impractical. The position was described as "creative" but "challenging" to execute.

Interestingly, even though Donut Hole was similarly described as creative and difficult to maintain, the position made it pretty high to fourth place for comfort and good for intimate behavior (including kissing, butt touching, and hand holding). This leads me to believe that comfort is more important to participants over practicality.

I would also like to note that the positions “20-20 Sandwich” and “Right Angle T for Trans” do not have as much data as the other positions because they required four people and there was only one four person group.

Table 3

FIGURE NUMBER

CODE		1	2	3	4	5	6	7	8	9	10	11
	A	+5	+5	+3			+3	+3 -1	+2	+1	+1 -2	+1
	B	+4	+2	+3		+4	+3		+3 -1	+2	+4 -1	
	C	+1		-1		-4				-2	-3	
	D	+1 -1	-1					+1	-2			
	E	+1	+2	+3				+1 -2				
	F	+3	+3 -1		+2	+1		+8	-1	+1	+5	
	G	-3	-4		-2	-5	-1	-3		-2	-2	
	H	+1	-1	+2	-4	+1 -3	+4	-4	-1		-2	
	I	+1	+1		-1	-3	+1	-2	-3		+1	
	J	+1	+1				+3				+1	+1
	K	+1 -1	+5 -3	+3 -1	+2		+2	+2 -2	+1 -2	+5	+3	
	L		+1 -1	-1			+1		+2 -1	+1 -1	+1 -1	+5
	M				-7	-1			-1			
Total		14	9	11	-8	-10	16	1	-4	5	5	7

## **V. Conclusion**

The tests reveal that comfort plays a large role in the strength of a cuddle. That was probably obvious, I don't know why you needed me to tell you that.

Numbers and analysis aside, these experiments made for a really cute time for everyone involved. Not naming names, but I heard some people hooked up for the first time after one of these sessions.

Also not naming names, but I broke up with my partner in the process of these experiments because I got overwhelmed with how sexually coercive they were through out our relationship. Another relationship of mine ended because they wanted to be monogamous with someone else.

I started seeing someone new.

I changed my name.

I started a small survey about cuddling again and people told me that they love cuddling but they're afraid of unspoken expectations and boundaries being crossed. I started to be afraid too.

I'm scared of instability. I don't know what my future with my family is going to look like and these relationships I'm building are fluctuating daily.



